

<b>Syllabus for: Lifespan Development</b>	
<b>Semester &amp; Year:</b>	Fall 2013
<b>Course ID and Section Number:</b>	V3938
<b>Number of Credits/Units:</b>	3.0
<b>Day/Time:</b>	TBA
<b>Location:</b>	Online
<b>Instructor's Name:</b>	Mark Winter
<b>Contact Information:</b>	Office location and hours: CA 132 M-Th 1-2, MW 2-2:30 Phone: 707.476.4310 Email: mark-winter@redwoods.edu
<b>Course Description (catalog description as described in course outline):</b>	
A course covering the scientific study of human development across the lifespan. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in lifespan development. Topics include biological, cognitive, and psycho-social processes in the context of prenatal, infant, child, adolescent, and adult development.	
<b>Student Learning Outcomes (as described in course outline) :</b>	
<ol style="list-style-type: none"> <li>1. Analyze how biological, psychological, and social process affect human development.</li> <li>2. Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development.</li> <li>3. Analyze and/or apply developmental research in writing.</li> <li>4. Identify and describe classic and contemporary theories and research in lifespan psychology.</li> <li>5. Identify and describe the techniques and methods used by developmental psychologists to study human development.</li> <li>6. Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.</li> </ol>	
<b>Special accommodations:</b> College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact Disabled Students Programs and Services. Students may make requests for alternative media by contacting DSPS.	
<b>Academic Misconduct:</b> Cheating, plagiarism, collusion, abuse of resource materials, computer misuse, fabrication or falsification, multiple submissions, complicity in academic misconduct, and/ or bearing false witness will not be tolerated. Violations will be dealt with according to the procedures and sanctions proscribed by the College of the Redwoods. Students caught plagiarizing or cheating on exams will receive an "F" in the course.	

The student code of conduct is available on the College of the Redwoods website at:  
<http://www.redwoods.edu/District/Board/New/Chapter5/Ap5500.pdf>

College of the Redwoods is committed to equal opportunity in employment, admission to the college, and in the conduct of all of its programs and activities.

**Life Span Development  
Psych 11 – Section V3938  
Fall 2013**

**Instructor:** L. Mark Winter

**Email:** [mark-winter@redwoods.edu](mailto:mark-winter@redwoods.edu)

**Office:** Creative Arts 132, Eureka Campus **MyCR Website:** <http://mycr.redwoods.edu>

**Phone:** 707-476-4310

**MyPsychLab (MPL):** <http://www.mypsychlab.com/>

**MPL Class ID#:** winter46965

**Office Hours:** MW 1-2:30, TTh 1-2, and by appt.

**Course Description:** An introduction to the psychological study of human development across the life span. Biological, cognitive, and psycho-social influence on human development will be examined. Topics include prenatal development, childhood, adolescence, and adulthood. *English 150 Recommended*

**Course Learning Outcomes:** (1) Analyze how biological, psychological, and social processes affect human development. (2) Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development. (3) Analyze and/or apply developmental research in writing. (4) Identify and describe classic and contemporary theories and research in lifespan psychology. (5) Identify and describe the techniques and methods used by developmental psychologists to study human development. (6) Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

**Computer Skills:** Online courses require adequate computer skills. You should be able to navigate the course websites, open and download files, use a word processor with either microsoft word (.docx) or be able to convert files to rich text format (.rtf) or portable document format (.pdf), and submit files to MyCR, the class website. It is your responsibility to meet the technological demands of the course.

**Computer Requirements:** Most computers and internet providers are adequate. I would recommend broadband services from cable, DSL, or satellite providers as there are required multimedia assignments. You need to have reliable access to the internet at least two times a week for 16 weeks. Anticipate problems with your computer and internet access (including

power outages) by not waiting until the last minute to submit assignments. It is your responsibility to meet the class deadlines.

**Student Commitment:** Your commitment will require at least as much time as you dedicate to a traditional class. A typical three credit hour class will require about nine hours per week of your time. You will need to carefully read online lectures and textbook chapters, participate in online activities and watch online videos, participate in online discussions, and complete weekly quizzes. Conscientiousness, attention to details, and skills in reading and writing are critical for success.

**Instructor Commitment:** I dedicate as much or more time to this class as compared to a traditional class. I will access the class website regularly and respond to posted questions and messages within 48 hours. Additionally, I read every discussion forum post and often participate. There is also regular instructor-based communication with weekly announcements, lectures, evaluative comments to your discussion posts, and emails/ messages to students who fall behind.

**Required Text/Resources:** The class requires the textbook Human Development: A Cultural Approach by Arnett, Jeffrey Jensen (2011/12), Pearson **and** access to MyPsychLab (also called MyDevelopmentLab) by Pearson Publishers. They are purchased together or separately.

- **Textbook and MyPsychLab (MPL): Purchased together** - select one of two options:
  1. The hardcover text and MPL access card at the publisher's website.  
<http://www.mypearsonstore.com/bookstore/human-development-a-cultural-approach-plus-new-mypsyhlab-9780205987887?xid=PSED> Hardcover text w/access card \$184.07.
  2. The digital etext with MPL purchased through the publisher's website. The electronic version of the text includes an audio-only or audiobook option in addition to the readable text.  
<http://www.mypearsonstore.com/bookstore/product.asp?isbn=0205227996> The digital textbook is accessed through your MPL account. Access to the digital textbook and MPL \$96.80.
- **Textbook and MyPsychLab (MPL): Purchased separately**
  1. The **hardcover text** (ISBN-10: 020559526X) purchased new, used, or rented from a commercial vendor such as the College of the Redwoods Bookstore, Amazon.com, or Chegg.com. Approximate cost for the hardcover text ranges from \$175 to less than \$70. Approximate cost for the text rentals are around \$45. Be sure to order early and have the textbook by the start of class. Another option is the **electronic version of the textbook** (ebook) available from CourseSmart:  
<http://www.coursesmart.com/0205214363> Access for \$71.
  2. Purchase the access code to **MPL** from the publisher for approx. \$45.  
<http://www.mypearsonstore.com/bookstore/new-mypsyhlab-instant-access-for-human-development-0205213057> **Class ID#: winter46965**

Please have access to the text and MPL by the first week of class as assignments begin immediately and are due by the end of the week. A copy of the text is available on two-hour

reserve at the LRC on the Eureka campus but access to the online MPL has to be purchased no later than September 1. There is free 14-day access when you sign up.

**MyPsychLab (MPL) Activities (240 points):** Also known as MyDevelopmentLab, the online MPL has chapter assignments with **section study plans and video assignments with quizzes**. The Study Plans are designed to help you prepare for the weekly chapter quizzes administered at the MyCR website. The lowest weekly MPL Activities scores will be dropped at semester's end.

**Weekly MPL Study Plan Scoring** – 10 points possible – Complete the study plans include: section pretest, all recommended study material, and posttest. ***Scores are determined by the mean average of the chapter's three section posttest scores.*** The pretest and recommended study material are to help you prepare for the section posttest and will not be graded. If you score 100% in a section pretest you do not have to complete study material or posttest.

**Weekly MPL Video Quiz Scoring** – 10 points possible – ***You will receive a point for each video quiz passed (70%) for up to a total of 10 points.*** Each chapter Video Assignment with Quizzes includes 10 short videos with quizzes. You can take each video quiz twice.

**Class Discussions (140 points):** Each week has a discussion based on a prompt. You will receive up to a maximum of 10 points for postings and responses to other peoples' postings (see scoring below). This is an important and required part of the class. The discussion forum can be accessed from the MyCR website. The lowest weekly discussion forum score will be dropped at semester's end.

**Primary Post** -- 5 points possible --Your primary post must:

- React analytically, not a summary or personal example (1 point)
- Relate and apply topic to your own personal experience (1 point)
- Use correct grammar, spelling, punctuation, and complete sentences (1 point)
- Be posted before the Thursday deadline (1 point)
- Meet the 300 word minimum length (1 point)

**Reply Postings** -- 5 points possible – Each of your **two reply posts** must:

- React thoughtfully to the content of a classmate's primary post. Focus your reply on your classmate's post, not on your personal experiences (2 points)
- Meet the 150 word minimum length (2 points)
- Use correct grammar, spelling, punctuation, and complete sentences (1 point)

**Chapter Quizzes (240 points):** This course is organized around 13 topics/chapters. Each chapter will have a quiz consisting of 20 timed multiple-choice items based on the week's readings from the textbook and instructor's online lectures. Quizzes are available at the MyCR website

beginning Mondays when the chapters are presented and until the deadlines on Sundays at 11:59 pm. Quiz scores and correct answers are available immediately upon submission. Chapter quizzes are not allowed after the deadline passes except under extraordinary conditions and with a 20% penalty. The lowest chapter quiz score will be dropped at semester's end. You should prepare as you would in a face-to-face class and emphasize the MPL Study Plans. You are limited to a total of 10 minutes for each quiz. While technically an open-book quiz, you will not have time to search and find all of the answers in the lecture or textbook.

**Midterm Exam – MyVirtualLife/Child (50 points):** You will raise a child from birth to adulthood and complete the written assignments. You can begin this assignment Monday, October 21 and must complete it by Sunday, October 27. Anticipate committing 10+ hours. As part of the assignment you will complete written responses for infancy, early childhood, middle childhood, and adolescence. It is these responses that will be graded. *The MyVirtualLife class ID# is 2061 and is found at the MPL website.*

**Final Exam – MyVirtualLife/Adult (50 points):** You will live a virtual life from emerging adulthood to age 80 and complete the written assignments. You can begin this assignment Monday, December 2 and must complete it by Sunday, December 8. Anticipate committing 10+ hours. As part of the assignment you will complete written responses for emerging, early, middle, and late adulthood. It is these responses that will be graded. **MyVirtualLife is found at the MPL website.**

**Course Schedule:** Each week consists of **Topics** and **Assignments**.

Dates	Topics	Assignments
<p><b>Week 01</b></p> <p>Aug 26 – Sept 01</p>	<p><b>Introduction to Human Development</b></p> <p><b>Section 1:</b> Human development today and its origins <b>Section 2:</b> Theories of human development <b>Section 3:</b> How we study human development</p>	<p><b>Chapter 1</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 02</b></p> <p>Sept 02 – Sept 08</p>	<p><b>Genetics and Prenatal Development</b></p> <p><b>Section 1:</b> Genetic influences on development <b>Section 2:</b> Prenatal develop. and prenatal care <b>Section 3:</b> Pregnancy problems</p>	<p><b>Chapter 2</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>

<p><b>Week 03</b></p> <p>Sept 09 – Sept 15</p>	<p style="text-align: center;"><b>Birth and the Newborn</b></p> <p><b>Section 1:</b> Birth and its cultural context <b>Section 2:</b> The neonate <b>Section 3:</b> Caring for the neonate</p>	<p><b>Chapter 3</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 04</b></p> <p>Sept 16 – Sept 22</p>	<p style="text-align: center;"><b>Infancy</b></p> <p><b>Section 1:</b> Physical development <b>Section 2:</b> Cognitive development <b>Section 3:</b> Emotional and social development</p>	<p><b>Chapter 4</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 05</b></p> <p>Sept 23 – Sept 29</p>	<p style="text-align: center;"><b>Toddlerhood</b></p> <p><b>Section 1:</b> Physical development <b>Section 2:</b> Cognitive development <b>Section 3:</b> Emotional and social development</p>	<p><b>Chapter 5</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 06</b></p> <p>Sept 30 – Oct 06</p>	<p style="text-align: center;"><b>Early Childhood</b></p> <p><b>Section 1:</b> Physical development <b>Section 2:</b> Cognitive development <b>Section 3:</b> Emotional and social development</p>	<p><b>Chapter 6</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 07</b></p> <p>Oct 07 – Oct 13</p>	<p style="text-align: center;"><b>Middle Childhood</b></p> <p><b>Section 1:</b> Physical development <b>Section 2:</b> Cognitive development <b>Section 3:</b> Emotional and social development</p>	<p><b>Chapter 7</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 08</b></p> <p>Oct 14 – Oct 20</p>	<p style="text-align: center;"><b>Adolescence</b></p> <p><b>Section 1:</b> Physical development <b>Section 2:</b> Cognitive development <b>Section 3:</b> Emotional and social development</p>	<p><b>Chapter 8</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 09</b></p> <p>Oct 21 – Oct 27</p>	<p style="text-align: center;"><b>Midterm Exam</b></p> <p style="text-align: center;">MyVirtualLife/Child (<i>Class ID# 2061</i>)</p>	<p><b>MyVirtualLife</b></p> <p>Discussion</p>

<p><b>Week 10</b></p> <p>Oct 28 – Nov 03</p>	<p style="text-align: center;"><b>Emerging Adulthood</b></p> <p><b>Section 1:</b> Physical development      <b>Section 2:</b> Cognitive development      <b>Section 3:</b> Emotional and social development</p>	<p><b>Chapter 9</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 11</b></p> <p>Nov 04 – Nov 10</p>	<p style="text-align: center;"><b>Young Adulthood</b></p> <p><b>Section 1:</b> Physical development      <b>Section 2:</b> Cognitive development      <b>Section 3:</b> Emotional and social development</p>	<p><b>Chapter 10</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 12</b></p> <p>Nov 11 – Nov 17</p>	<p style="text-align: center;"><b>Middle Adulthood</b></p> <p><b>Section 1:</b> Physical development      <b>Section 2:</b> Cognitive development      <b>Section 3:</b> Emotional and social development</p>	<p><b>Chapter 11</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 13:</b></p> <p>Nov 18 – Nov 24</p>	<p style="text-align: center;"><b>Late Adulthood</b></p> <p><b>Section 1:</b> Physical development      <b>Section 2:</b> Cognitive development      <b>Section 3:</b> Emotional and social development</p>	<p><b>Chapter 12</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 14:</b></p> <p>Nov 25 – Dec 02</p>	<p style="text-align: center;"><b>Death and Afterlife Beliefs</b></p> <p><b>Section 1:</b> Physical aspects of death      <b>Section 2:</b> Sociocultural and emotional responses to death      <b>Section 3:</b> Beliefs about death and the afterlife</p>	<p><b>Chapter 13</b></p> <p>Text, Lecture, Discussion, MPL, and Quiz</p>
<p><b>Week 15:</b></p> <p>Dec 02 – Dec 08</p>	<p style="text-align: center;"><b>Final Exam</b></p> <p style="text-align: center;">MyVirtualLife/Adult (<i>Class ID# 2061</i>)</p>	<p><b>MyVirtualLife</b></p> <p>Discussion</p>

**Grade Distribution:** **A**=93% and above, **A-**=90-92%, **B+**=88-89%, **B**=83-87, **B-**=80-82%, **C+**=78-79%, **C**=65-77%, **D**=60-64%, **F**=59% and below

**Code of Conduct:** Please familiarize yourself with the Student Code of Conduct Standards in the college catalogue under campus policies and regulations. It is required that do your own work. All papers, postings, activities, and exams must be completed by you without assistance.

Do not use any source except the textbook, MPL, or instructor's lectures in your discussion posts without proper citation. Please be respectful to your classmates. Be kind and considerate in all of your postings and responses to the discussion forum.

**Students with Disabilities:** This class is designed to accommodate students with disabilities. Please contact me directly with specific concerns. For more information go to the DSPS website at <http://redwoods.edu/district/dsps/>

*Notes: While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class through the announcement board and/or class email of any changes. Administrative procedure (AP) 5075 allows instructors to withdraw students from class for non-participation through the 10<sup>th</sup> week of class.*